



GURU AMAR DASS PUBLIC SCHOOL, SENIOR WING
HOLIDAYS' HOMEWORK, JUNE 2026
GRADE – 7

<u>ENGLISH</u>	<p>Note- Paragraphs to be written on A4 size sheet. Make it attractive and colorful by drawing or pasting pictures related to the topic. (Paragraphs copied from Google will not be considered)</p> <p>Topic- (Any two)</p> <ol style="list-style-type: none">1.Mobile Phone- a boon or bane2.Your daily routine3.How I spent my summer vacations....4.Your favorite past time (My Hobby) <p>Application -</p> <p>Write an application to the Principal of your school on account of three days leave owing to your cousin 's marriage.</p> <ol style="list-style-type: none">1. Complete the grammar worksheets being sent in your class groups. (Take the print out and then solve it)2. Revise all the work done in class.3. Do the first two comprehensions given in your Grammar Book.4. Take out the print out of the assignments sent in your class group and paste it in your notebook and complete it.
<u>MATHEMATICS</u>	<ol style="list-style-type: none">1. Do assignment (shared in Class Groups) in separate notebook.2. Frame 10 MCQ's each from chapter 1 & 2
<u>HINDI</u>	<ol style="list-style-type: none">1. कला और शिल्प (Art & Craft) शब्दों का गुलदस्ता (Vocabulary Bouquet): पेपर कप और रंगीन कागज़ की मदद से एक गुलदस्ता बनाएँ। हर फूल पर एक नया हिंदी शब्द और उसका अर्थ (Meaning) लिखकर उसे सजाएँ।2.निबंध लेखन:(निम्नलिखित विषयों पर अपनी हिंदी पुस्तिका पर सुंदर लिखाई में निबंध लिखें और याद करें) भ्रष्टाचार प्रदूषण महँगाई3.निर्देश: किया गया कार्य याद करें।

<p><u>PUNJABI</u></p>	<p>ਗਤੀਵਿਧੀ :- ਦੇਸ਼ ਭਗਤੀ ਦੀ ਭਾਵਨਾ ਨੂੰ ਦਰਸਾਉਂਦੇ ਸਲੋਗਨ/ ਚਾਰਟ/ ਪੋਸਟਰ ਬਣਾਓ ਜਾਂ ਪੰਜਾਬ ਦੀਆਂ ਲੋਕ ਖੇਡਾਂ ਬਾਰੇ ਇੱਕ ਚਾਰਟ / ਪੋਸਟਰ ਬਣਾਓ ਲੇਖ: ਅਖਬਾਰਾਂ ਦੇ ਲਾਭ , ਭ੍ਰਿਸ਼ਟਾਚਾਰ, ਸ੍ਰੀ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ ਪੱਤਰ : ਆਪਣੇ ਮਿੱਤਰ/ ਸਹੇਲੀ ਨੂੰ ਗਰਮੀ ਦੀਆਂ ਛੁੱਟੀਆਂ ਬਤੀਤ ਕਰਨ ਦੇ ਪ੍ਰੋਗਰਾਮ ਬਾਰੇ ਲਿਖੋ। ਆਪਣੇ ਸਕੂਲ ਵਿੱਚ ਮਨਾਏ ਗਏ ਕਿਸੇ ਸਮਾਗਮ ਬਾਰੇ ਆਪਣੀ ਵੱਡੀ ਭੈਣ ਨੂੰ ਜਾਣਕਾਰੀ ਦਿਓ। (ਲੇਖ ਅਤੇ ਪੱਤਰ ਕਾਪੀ ਵਿੱਚ ਲਿਖੋ)</p>
<p><u>SCIENCE</u></p>	<p>1. Read chapter 6 Adolescence: A Stage of Growth and Change very thoroughly and write the following activities in your SCIENCE NOTEBOOK 2. Take a moment to think if there are any changes in your emotions or behaviour or that of your classmates and friends in the past one or two years. These changes may be exciting, confusing, or both. List some emotional changes along with their probable effects on behaviour and ways for growth and development. 3. Since adolescence is a period of growth and development marked by several changes in the body, a nutritious diet is of utmost importance. Based on the locally available foods, fill Table 6.3 with the healthy food sources, nutrients present in them and how these nutrients can help our growth and development. 4. Read chapters of Term -1 done in the class till date and prepare 15 MCQS from each of these chapters. 5. Science Model based on any one of the topic given below– a. Waste Water Treatment Plant b. Vacuum Cleaner c. Digestive System d. Respiratory System</p> <p><i>Model Making is compulsory assignment. Every student has to prepare one Model on any of the topics given above.</i></p>
<p><u>SOCIAL SCIENCE</u></p>	<p>1. Paste two Social Reformers pictures on an A4 sheet and write information about them. 2. Prepare model on the given topic according to the roll number : a) Tools and Utensils of Harappan Civilization. (Roll No. 1 to 7) b) Make a Preamble of the Indian constitution on a cardboard sheet. (Roll No. 8 to 14) c) Model of Great Bath. (Roll No. 15 to 21) d) Model on different Types of the houses (Roll No. 22 onwards) Revise Syllabus done in the class.</p>
<p><u>ART</u></p>	<p>Activity - Transforming a disposable plate into a beautiful decorative piece with brush pens or colorful markers. Plate size - 10 inch Art book Complete Page no. 11 to page no. 30</p>

(Drawing objects, animals, bird, vegetables, fruits, tree, flower, still life, natural scenario, birds, animal, landscape)

1. Do the assignment on your Computer Notebook based on Chapter 1 (Number System) as given below:

i. Complete the table given below:

Number System	Base/Radix	Digits used	Any one example
Binary Number System		0, 1	
Decimal Number System			$(124)_{10}$
Octal Number System	8		
Hexadecimal Number System			

COMPUTER

ii. Convert $(10101)_2$ into its equivalent Decimal Number.

iii. Convert $(165)_{10}$ into its equivalent Binary Number.

iv. Solve the Binary Addition and Binary Subtraction given below:

$$\begin{array}{r} 101011 \\ + 1111 \\ \hline \end{array} \qquad \begin{array}{r} 1000 \\ - 111 \\ \hline \end{array}$$

2. Complete your notebooks with the Question Answers of Chapters:

1, 2 and 3.

3. Revise the Question Answers and Back Exercise of Chapters: 1, 2 and 3.

“Happy Summer Break! May your holidays be filled with joy, learning, and wonderful moments with family.”